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# Sādhana of Jambhala

From the Jewel Garland of Sādhanas

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ଓঁ আৰ্জুন্তু হৃষি বক্ষ শুশু মুগু গুরু

om shu nya ta dza na badzra swa bha wa atma ko ham

Om sūnyatā jñāna vajra svabhāva ātmako 'ham'

হেৱাদু হেৱাত্মিন্দু সুদু পদ্মিন্দু পদ্মাদু হেৱা সমাত্ম

চো দাঙ চো ন্যি দুং ও দাঙ দ্বিন পে দু পে চো থাম চে

All phenomena included within the grasped [objects] and grasping [subjects] of phenomena and their natures

বদ্ধবিক্রিয়াদু পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া

রং ঝিন টঙ পা চেন পো ঔ সাল দে ও দাম পে রং ঝিন ন্যি দু গ্যু

naturally become the very nature of the sublime blissful luminosity of great emptiness.

শুভুদু পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া

tong pei ngang le sung wei khor lo yang pei ü su na tshog chu kye dang nyi mei teng du dzam ser po le

From the state of emptiness, in the center of a vast protection wheel is a multicolored water-born [lotus] and sun.

On that is a yellow *Jam* syllable.

বদ্ধত্বিদু হৃষু পদ্মসিদ্ধ শুভু পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া

রং ন্যি দ্বিভালা সে তা বু ত্ৰো ঝিঙ গ্যে পে ন্যাম চেন চাগ যে শিঙ তো বিড়াপুৰাকা দাঙ

From that, my nature appears as Jambhala, who is like [the color of] gold and endowed with a wrathful and delighted expression.

শুভু পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া

য়োন রিন পো চেই চেব পে নাকুলা দ্বিন পা সাং গ্যে ন্যেই চো পেন চেন

With his right hand he holds a bijapūra fruit<sup>1</sup> and with his left hand he holds a mongoose that rains down a shower of precious jewels.

শুভু পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া পদ্মবিক্রিয়া

ুত্পা লা ন্গোন পো দো শাল দাঙ রিন পো চে দু মেই গ্যেন দাঙ ল্হা দ্বে ক্যি গো মাঙ পো লুব পা

He has a crown of the five Buddhas and is adorned by a necklace of blue utpala flowers and many precious jewels.

He is enveloped in many clothes made from the substances of the gods.

At his forehead is a white *Om*. At his throat is a red *Ah*.

শ্রীনগর কল্পনা দ্বারা প্রকাশিত মাসিক পত্রিকা।

**nying khar hung ngön po de sum le ö zer na tshog trö pe**  
At his heart-center is a blue *Hūm*. From these three, multicolored light rays emanate

ཡේ. සෑනා තිම්පනා දු පරි. කේගානා දු. දු පදන්ත්‍රී. ඇලු. ක්‍රිස්තුපාලු මහත් සූ. තම. මාසන. තුවු. නුද්‍යා.

**ye she sem pei tshog dang wang gi lha nam dün gyi nam khar chen drang**  
and invite the assembly of primordial wisdom beings and empowerment deities to the space in front.

ଓঁ এক মুখে হিতু শুনি ৰাত্ৰি শুনি

**Om bazra pushpe tra tittsha soha dhupe aloke gendhe newidya**  
*Om vajra puśpe pratīccha svāhā* Apply up to naividya: *dhūpe āloke gandhe naividya*

ମୁଖ୍ୟମନ୍ତ୍ରୀ ଶାମ୍ବଲ୍ ପାତ୍ର ହେଲୁ ଏହାର କାହାର ଦେଶରେ ଥିଲା ଏହାର କାହାର ଦେଶରେ ଥିଲା

**dza hung bam ho sa ma ya stam om ah hung gi ye she pa dang dam tshig pa nyi su me par gyur**  
*Jah hūm bam hoh sa ma ya stvam om ah hūm* Thus, the primordial wisdom and commitment beings become non-dual.

ବ୍ୟକ୍ତିଶୀଳ୍ୟା ଅନ୍ତର୍ମାଣଶୀଳ୍ୟା ଏବଂ ବ୍ୟକ୍ତିଶୀଳ୍ୟା

wang gi lha la om sarwa ta tha ga ta ah bhi kentsa tu mam zhe söl wa tab pe  
By praying to the empowerment deities, *Om sarva tathāgata abhiṣincatu mām*,

ନୟଦଶି ଖୁଣ୍ଡ ରେ ଦ୍ୱା କେବି ସୁମଧୁର ପଦ୍ମକୁ କିମ୍ବା କୁଞ୍ଚକୁ ଶ୍ରୀଶାରାମ ପାଦମଣିଶରଣ

**wang gi lhe rin po chei bum pa dü tsii chu gyün gyi gang wa nam ne**  
the empowerment deities holding precious vases filled with streams of nectar bestow the empowerment:

ॐ सर्व तथा हहुं श्री गुरुं गंगा द्रि मां द्विष्टुं । त्रिसंदर्भं वश्च शुभं द्विमांश

**Om sarwa tathagata ah bhi she ka ta sa ma ya shri ye hung zhe wang kur ku gang dri ma dag**  
*Om sarvatathāgata abhiṣekata samayaśriye hūm.* The nectar fills the body and purifies defilements.

त्रिसंदर्भं वश्च शुभं द्विमांशं द्विष्टुं गुरुं गंगा द्रि मां द्विमांशं वश्च

**chü lhag ma yar lü pa le rang rig kyi dag po tso wor gyur pei rig nge u gyen**

The excess liquid overflows and becomes a crown of the five families with the presiding family of the deity in the center.

द्विमांशं वश्च शुभं द्विमांशं द्विमांशं वश्च शुभं द्विमांशं वश्च

**wang gi lha nam rang nyi la thim par gyur**

The empowerment deities dissolve into me. Thus visualize.

अंकुरं वृक्षं पूर्णं यज्ञं शुभं राज्यं अस्ति विनिर्वाप्तं शुभं । एवं वश्च शुभं द्विमांशं

**om dzambhala dzalendraye sapariwara argham pratittsha soha  
padyam pushpe dhupe aloke gende newidya shapda**

*Om jambhala jalendrāye saparivāra argham pratīccha svāhā* Offer up to śapda: pādyam puśpe dhūpe āloke gandhe naividya śapda

विनिर्वाप्तं शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च

**nor gyi wang chug rin chen ter nga zhing nō jin nor kyong mang pō khor gyi kor**

Lord of wealth, master of precious treasures, surrounded by a retinue of many wealth guarding yakṣas,

विनिर्वाप्तं शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च

**jang chog kyong wei gön po dzam bha la ngö drub chog tsöl nor lhar chag tshal tö**

Protector who guards the northern direction, Jambhala, I pay homage and sing praise

to the wealth deity who grants the supreme accomplishment!

शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च शुभं द्विमांशं वश्च

**thug kar pe dei teng du lha rang rang gi sa böñ gyi thar ngag treng lhe dog thün gyi kor wa le ö zer trö**

In the heart center upon a lotus and moon is [Jambhala], the seed syllable of the deity.

Around it is a [yellow] mantra garland, the color of the deity.

ଶର୍ଵାନ୍ତମାତ୍ରାକୁଣ୍ଡଳୀରୁ ପାଦରେ ପାଦରେ ପାଦରେ ପାଦରେ ପାଦରେ ପାଦରେ

**sang gye jang sem tham che chö ching jin lab dü kham sum gyi sem chen tham che kyi dig drib jang**  
As it circles, light emanates. This makes offerings to all the Buddhas and bodhisattvas and gathers their blessings.

It purifies the negative deeds and obscurations of all the sentient beings of the three realms.

ଶ୍ରୀଦକ୍ଷେତ୍ରାବ୍ଦିଶାଖାପରିଷଦ୍ୟ ଉପରେ ଅନୁମତି ପାଇଲାମା

nyangen ledepe gopang la kö trinle tamche drub par che tsur dü ngag treng sabön dang chepa la timpar gyur

and establishes them in the state beyond sorrow. It accomplishes all the enlightened activities.

The light gathers back and dissolves into the mantra garland together with the seed syllable.

ଜେହିକୁ ବୁନ୍ଦେଖାଯିବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

om dzambhala dzalendraye soha

*Om jambhala jalendrāye svāhā* Recite as much as possible. When rising from the session, recite the hundred syllables three times. Then:

એણે શાય સર્વ વિનિષ્પાત્ર શાકશુદ્ધ વિનિષ્પાત્ર વિનિષ્પાત્ર શુદ્ધ

ye she pa rang zhin gyi ne su sheg la    dam tshig pa dang nö chü rang zhin gyii

The primordial wisdom beings depart to their natural abode. The commitment being together with the vessel and contents

西藏自治区人民代表大会常务委员会关于修改《西藏自治区民族区域自治条例》的决定

dag pei mig me ö sal de wa chen pö rang shi kyi ngo wo tong pa nyi du gyur

become the naturally pure non-conceptual emptiness of the essence of the innate great bliss of luminosity. Visualizing that, evenly rest.

sö nam di yi kham sum gyi sem chen tham che kyi de zhin sheg pei ye she nyur du thob par gyur chig

At the end: By this merit, may all sentient beings of the three realms swiftly attain the primordial wisdom of the tathāgatas!

ଓନ୍ଦ୍ରାଜାନ୍ତିରାମାନୁଷ୍ଠାନକାରୀ  
ପରିବର୍ତ୍ତନାରେ ଯତ୍ତାନୁଷ୍ଠାନକାରୀ  
ପରିବର୍ତ୍ତନାରେ ଯତ୍ତାନୁଷ୍ଠାନକାରୀ

Thus seal with the dedication. Then, arise and engage in activities that are in harmony with the dharma.

This *Sādhana of Jambhala* was composed by Lopön Chandragomi.

*Sarva Mangalam*

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<sup>1</sup> The bijapūraka fruit is generally regarded as the fruit of the citron tree, which is a citrus fruit slightly larger and rounder than a lemon. In this specific context, it refers to the fruit of a wish-fulfilling tree.

May the generosity, good fortune, and prosperity of Jambhala swiftly pervade the entire universe, overwhelming all forces of impoverishment, greed, and suffering!